

**Research Methods Year 9 Summer 1 / Year 11 Autumn 1**

<b>Topic</b>	<b>No of lessons</b>	<b>Key knowledge and skills</b>	<b>Resources</b>	<b>Progression and links</b>	<b>SEND/ More able</b>	<b>Assessment &amp; recording; factual recall checks</b>
An introduction to mental health	1	<p>To understand:</p> <ul style="list-style-type: none"> <li>• The prevalence of mental health issues</li> <li>• How time affects prevalence</li> <li>• How culture affects prevalence</li> </ul> <p>To evaluate the importance of understanding mental health issues</p>	<a href="#">L1. Intro to Psychological problems.pptx</a>	<p>Links throughout the topic</p> <p><b>Careers link</b> <b>Psychiatry</b> <b>Mental Health</b> <b>Nursing</b> <b>Counselling</b></p>	MA - Pg219 Apply it – concept	Pg 219 Check it
Effects of mental health	1	<p>To describe the effects of mental health issues on:</p> <ul style="list-style-type: none"> <li>• An individual</li> <li>• society</li> </ul>		Social Studies	SEND – simplification of social effects	Exam question
Depression	2	<p>To be able to describe types of depression:</p> <ul style="list-style-type: none"> <li>• Unipolar</li> <li>• bipolar</li> </ul> <p>To discuss the diagnosis of unipolar depression</p>	<a href="#">L4-5 What is depression.pptx</a>	Links to Research methods	MA- P223 Stretch and challenge reading	Pg222 apply it research task
Biological explanation for depression	2	<p>To describe the role of serotonin in depression</p> <p>To identify reasons for low serotonin levels</p> <p>To evaluate the biological explanation for depression</p>	<p><a href="#">L7 Biological explanation of depression 1.pptx</a></p> <p><a href="#">L8 Serotonin and evaluating the biological explanation.pptx</a></p>	Links Brian and neuropsychology – synaptic transmission (Year 10 Summer 3)	<p>MA – to be able to describe the role of noradrenaline in depression</p> <p>SEND – support with recall of previous learnt information pertaining to today’s topic</p>	Pg225 apply it concept

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Biological treatment for depression	1	To describe the use of SSRIs in the treatment of depression	<a href="#">L11 Using drugs to treat depression.pptx</a>			Pg229 apply it concept
Psychological explanation for depression	2	To be able to describe the roles of: <ul style="list-style-type: none"> <li>Faulty thinking</li> <li>Negative schemas</li> <li>Attributions</li> </ul> In depression  To evaluate the psychological explanation for depression	<a href="#">L9 Cognitive Theory of Depression.pptx</a>  <a href="#">L10 Evaluating the cognitive theory.pptx</a>		MA – To describe the negative triad.	
Psychological treatment for depression	1	To describe the use of Cognitive Behaviour Therapy in the treatment of depression.	<a href="#">L12 using CBT to treat depression.pptx</a>			
Study in detail	2	To describe the <ul style="list-style-type: none"> <li>Aim</li> <li>Procedure</li> <li>Findings</li> <li>Conclusion of Wiles’ study</li> </ul> To evaluate (GRAVE) Wiles’ study	<a href="#">L13 Wiles study.pptx</a>	Links to Research methods  Links effectiveness of SSRIs	MA – Pg 233 apply it - research	9 mark exam question
Addiction	2	To define: <ul style="list-style-type: none"> <li>Dependence</li> <li>Addiction</li> <li>Substance misuse</li> </ul> To discuss the diagnosis of addiction	<a href="#">L14 - Addiction 1.pptx</a>  <a href="#">L15 diagnosing addiction.pptx</a>	Social Studies  <b>Careers link</b> <b>Social Work</b> <b>Counselling</b>	SEND – Clear definitions of each key term provided	
Biological explanation for addiction plus Study in detail	3	To outline: <ul style="list-style-type: none"> <li>Hereditary factors</li> <li>Genetic vulnerability</li> </ul> To describe the	<a href="#">L18 Genetic theory 1.pptx</a>  <a href="#">L19 Evaluating Genetics.pptx</a>	Links to Research Methods	MA – To evaluate the use of twin studies	9 mark question

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		<ul style="list-style-type: none"> <li>• Aim</li> <li>• Procedure</li> <li>• Findings</li> <li>• Conclusion of Kaij's study</li> </ul> <p>To evaluate (GRAVE) Kaij's' study</p>				
Psychological explanation for addiction	2	<p>To describe the role of nurture:</p> <ul style="list-style-type: none"> <li>• SLT</li> <li>• Social norms</li> <li>• Social Identity Theory</li> <li>• Opportunities</li> </ul> <p>To evaluate the psychological explanation for addiction</p>	<p><a href="#">L16 Peer influence theory of addiction.pptx</a></p> <p><a href="#">L17 AO3 Peer Influence.pptx</a></p>	Links to Approaches (Year 9 Autumn 1)	MA – Stretch and challenge Pg 109	Plenary – Apply it research Pg 109 of textbook
<p>Therapies for addiction:</p> <ul style="list-style-type: none"> <li>• Aversion Therapy</li> <li>• Self Management</li> </ul>	4	<p>To define aversion therapy.</p> <p>To apply the principle of aversion therapy to the treatment of:</p> <ul style="list-style-type: none"> <li>• Alcoholism</li> <li>• Gambling</li> <li>• Smoking</li> </ul> <p>To define and describe self-management programmes and self help groups</p> <p>To evaluate the effectiveness of aversion therapy and self management programmes</p>	<p><a href="#">L20 Treating addiction Aversion Therapy.pptx</a></p> <p><a href="#">L21 Treating addiction 2.pptx</a></p>	Links to Classical conditioning in Approaches (Year 9 Autumn 1)	SEND – 12 steps provided for annotation	<p>Pg241 Check it Question 1</p> <p>Pg243 apply it concept</p>

**End of topic assessment 25 marks, 25 minutes. Questions from Exampro**