Weekly Family Update - 01.03.24



Please read, share and encourage others to do the same.











The virtue of the week is Humility, and the theme is, 'we accept praise, praise others and apologise immediately'. Students were asked to consider why it is difficult to accept praise, and why it is important? We certainly notice as staff that, the older the students the more self-conscious they become in front of their peers. This is exactly why we have several low-key events such as the Flash Rewards where students come together, eat pizza, and celebrate collectively.

As per usual following a half term break, 'reset assemblies' took place with Year 7 to 10 to remind them of our virtues and the behaviour expectations, along with what they positively achieved as a collective last term.

During Welfare Wednesday, students were reminded of the following anti-bullying messages:

- Stop and think before saying or doing something that could hurt someone.
- Talk to an adult you trust if you are struggling with how, you are feeling.
- If someone is being unkind you need to report it.

Mrs Noble is currently working with students across a range of year groups towards the nationally accredited <u>Anti-Bullying Quality Mark</u> which provides an excellent curriculum for schools to consider based on the latest research and practice. The full details were shared with the Parent Forum (see below for more details).

This week Year 11 have begun the final series of Trial exams, and we are pleased to see how they've evidently learned from their previous experience. This is the point of Trial exams. Well done to Year 11.

A reminder about Abbey College's mobile phone rules: in Years 7 through 11, students' mobile phones should be switched off and put in their bags. They should not be used at any time during the school day, not in lessons, between lessons, at lunch, break or in the toilets. This has always been the expectation at Abbey College. Staff will confiscate any phone they see being used when they should not be. We urge parents and carers to support us in this by not communicating with their child via their mobile phone in the school day, as this encourages the student to use their phone and break the rules.

A reminder that the Parent Forum Guarantee gives all parents the right to speak directly to me, the Headteacher, within 24 hours, if you feel your question has not been answered by those you have already contacted (see the end of this Update for details).

Finally, below are the details for the grand opening of our library, with a very special guest author. Tickets are limited and are available via ParentPay.

Have a lovely weekend.

Andy Christoforou, Headteacher

Please read on for essential updates.

Celebration of Spirit - Recognition

Headteacher Commendations w/c 26/02/24

Apologies for the sheer volume of commendations as some were omitted prior to the half term break.

The following students have been awarded with Headteacher's Commendations this week. They will receive 10 Spirit points and a special postcard home.

Student	Nominated for	
Ade le Darcey	For working so hard outside of lesson and producing a poster for the classroom For working so hard on her assessment piece for her group	
Ethan	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Franklin	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Harry	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Harry	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Imogen	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Jayden	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Kameron	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Paisley	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Pippa Scarlett	Outstanding work running the year 3/4 football competition and being a fantastic representative of the school	
Eve	Has completed her entire History Revision Homework Booklet already, ahead of the homework deadlines.	
Leo	Fantastic vocabulary! You are writing GCSE level English answers.	
Frankie	>150 Dr Frost points this week	
Sam	>150 Dr Frost points this week	
Rylee	Dr Frost Champion!	
Daisy	Dr Frost Champion!	
Joe .	Dr Frost Champion!	
Summer Alex	Dr Frost Champion! Dr Frost Champion!	
Isaac	Dr Frost Champion!	
Jayden	Jayden has worked exceptionally hard in a number of Geography lessons to a high standard	
Filip	Despite having a broken arm Filip continues to persevere, work hard and contribute to the lesson	
Roxy	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Ella	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Shay	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
leuan	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Charlie	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Niamh	For enthus isstically interacting in the Careers Options session and remaining focused throughout - Well Done	
Keegan Leo	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Charlie	For enthusiastically interacting in the Careers Options session and remaining focused throughout - Well Done	
Sophie	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Olivia	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Jack	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Ethan	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Olivia Grace	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Rosie	Very good result in the recent end of unit assessment, you displayed a good understanding of the topic- Well done!	
Phoebe	Extremely good result in the recent end of unit assessment, you displayed an excellent understanding of the topic-Well done	
Henry Elexa	Outstanding work produced in his recent English lessons, very impressed! Extremely good result in the recent end of unit assessment, you displayed an excellent understanding of the topic- Well done!	
Xander.		
	Extremely good result in the recent end of unit assessment, you displayed an excellent understanding of the tonic- Well done	
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Pearson National Teaching Awards 2024 - Nominations now open

Please use this link: https://www.teachingawards.com/parents-page-the-unsung-hero-award/



Staff member of the week

Ms Davis: Passion - For working with such diligence to maintain high standards on the courts during breaktimes.

Tell us about something brilliant!

If you would like to nominate someone for an Abbey College Spirit Award for any out of school success stories, then please follow this <u>link</u> or email the Office <u>office@abbey.college</u>.

Parent information

Parent Forum

The last Parent Forum too place on the 14th February, where we heard from the school on:

- Homework Policy, expectations, and different methods to complete homework Ms Powell
- Higher Prior Attaining Students Ms Dowd
- Antibullying Update Ms Noble
- Parent Partnership Award Mrs Craig
- Fundraising and Finance Update

Find our minutes here: Parent Forum - Abbey College, Secondary School and Sixth Form in Ramsey

If you would like to attend, please email: parentforum@abbeycollege.cambs.sch.uk

Charlotte Downing - Chair of Parent Forum

Parent and Community Governor Vacancies

The Governing Body at Abbey College currently has a parent governor vacancy and is seeking self-nominations for an enthusiastic and committed parent or carer to join the board. Please see further information and vacancy letter here: https://www.abbeycollege.cambs.sch.uk/about-us/governing-body

There is also a vacancy for a community governor, if you know of anybody who may be interested, please do ask them to get in touch.



Library - Grand Opening

The English department are incredibly excited to announce the opening of the new school library on the 12th March. We are hosting an opening event and selling tickets to help raise money; proceeds will go towards new books and furnishings.

Staff, students and parents/carers are invited, and we would love to welcome you all along. If you would like to purchase a ticket and are not set up on ParentPay, please contact Miss O'Connell or Mrs Smithson-Ingrey.



Monday 11th March 2024	Year 10 Music Dropdown Day
Tuesday 12 th March 2024	Sixth Form Poetry Day
	Library Grand Opening 5pm
Thursday 14 th March 2024	Y11 Music Dropdown Day
	Year 10 Virtual Parents Evening 4.30-7.30pm
Tuesday 26 th March 2024	Year 8 HPV Vaccinations
Thursday 28 th March 2024	Last Day of Spring Term
Monday 10 th to Friday 14 th June	Year 10 Work Experience
Friday 7 th June	Alton Towers Attendance Reward Trip

Assessment calendar: How your child is doing?

- Year 7 and 8 reading tests will take place during English lessons from the week of 11.03.24.
- Year 9 and 10 raising standards assemblies are planned with students to explain the reports and key measures of progress. This will include "The Basics" and Progress 8.
- Year 11 and 13 Trials are ongoing adding to student stress levels. Please support them by ensuring that:
- they are getting enough sleep by monitoring when electronic devices are switched off
- their diet is good and includes fruit and vegetables
- they are being tested on topics that they have revised so that gaps are found and closed before the exams not after.

Students Reports: These are filed under 'Documents' in Edulink. If you need support, contact LBennett@abbey.college

Student expectations and safety

Points on Edulink

All student points on Edulink have been reset to zero this week to give students a fresh start for the new half term. Year groups who achieve a spirit:behaviour ratio of at least 7:1 over the course of the half term will be rewarded with a non-uniform day.

Student welfare and wellbeing

Exam Stress Management

All students will have exams during their time at school. For our year 11s and 13s, their final GCSE & A-level exams are imminent. This can be a stressful time for your child. There are lots of tips to help, see below:

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/

If you do have questions or need some support, please get in contact with our Welfare Team welfare@abbeycollege.cambs.sch.uk

Self-harm

Self-harm is a concern for many parents & carers of Secondary school children. If you are concerned that your child might be self-harming, please get in contact with the welfare team who can help support your child in school.

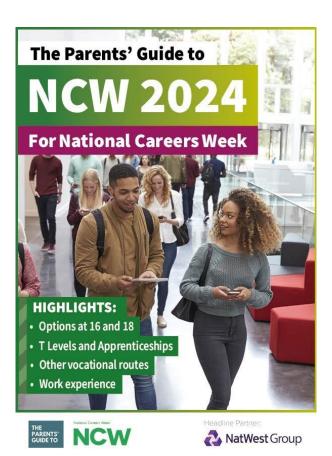
There are also lots of useful websites for parents to review, this Young Minds website has lots of information and ways you can support your child: https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/

Student attendance - Week 22

- **Congratulations:** To all the students who are eligible to come to Alton Towers; attendance targets have been set for all other students.
- **Reminder**: Young people who are working must apply for a work permit-email tina.davis@abbeycollege.cambs.sch.uk for more details.

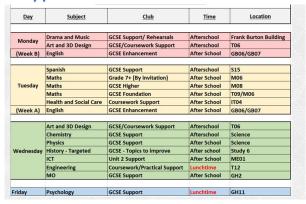
Student wider personal development

Careers



It's National Careers Week 4-11 March 2024! Download your free copy of The Parents' Guide to National Careers Week, created in partnership with National Careers Week, outlining all vocational options after GCSE and sixth form/college - you can download your copy here.

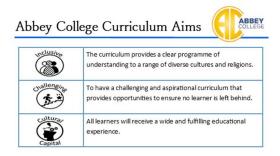
Interacts - KS4 Subject Support Sessions



OOPs

Please check out all out <u>OOP</u> offers for the Spring term on Edulink! These are all signposted within Edulink.

Student curriculum



How can I find out what my child is learning in each subject?

Biology focus: Click <u>here</u> to see what students study in Biology from Key Stage 3 to 5. There are other useful resources such as Curriculum Plans that provide the detail of lessons along with Knowledge Organisers, which are extremely useful for students to use when preparing for an assessment.

Communicating with us and how to raise concerns

<u>Click here</u> to access this Communication Flowchart on our website.

Other news updates can be found here:

- Our news page: https://www.abbeycollege.cambs.sch.uk/news/letters-to-parents
- Facebook: https://www.facebook.com/pg/RamseyAbbeyCollege/posts/
- Twitter: https://twitter.com/AbbeyCollegeAC
- Instagram: https://www.instagram.com/abbeycollege_ramsey/