

## Weekly Family Update – 02.02.24

Please read, share and encourage others to do the same.



The virtue of the week is Humility, and the theme is, 'we embrace working with a wide range of people and celebrate difference'. Students were asked to consider what qualities they might need to work with a wide range of people and the benefits of diversity.

Mental Health was the focus for Welfare Wednesday, and on Thursday, 80 students joined us for our flash reward in the 6th form Study6 this week. They were all nominated by their form tutors for being excellent at working with others and celebrating difference.

Looking ahead:

- Next week is the Year 9 Virtual Parents Evening
- The Year 7 and 8 Inter-house competition
- The Year 11 Musicians have two drop-down days to complete controlled assessments, followed by a Macbeth Production to support their English examinations
- We urge all families of Year 8 to attend the Options Evening on the 15th February between 4:30-7:30pm
- After half term, we have the Year 12 Virtual Parents Evening on the 29th Feb.

Finally, I wanted to share some of the great charitable work our Junior Leadership Team students are doing to improve Abbey College. Below is a report from Carson in Year 10, who wanted to raise fund in support of setting up a fully furnished Student Quiet Room for use during breaks. Below is Carson's match report for the 'Blues vs the Blacks'.

### Match Report

*As part of the Quiet Room Student Team, I decided to hold a Year 8 rugby match, where Year 7 and Year 8 students would be invited to watch for £1, to raise money for the equipment we need to set the room up.*

*Working with the PE department, I recruited two teams of Year 8 players and two Year 10 coaches, Calum and Henri.*

*I have worked with the Year 8 Rugby Team all season, so knew their strengths and after meeting them for a team briefing, placed them in teams based on this. Being District tournament champions 2 years in a row, I knew this was going to be a closely fought match and it did not disappoint. Assisted by Mr Pugh, I refereed a fast-paced match, in which it seemed that the Blacks would dominate, taking an early lead but the Blues pulled it back to make it 35 all. However, the Blacks dug in again in the second half making the final score 50-35. Whilst all the action was happening on the pitch, Theo and Dexter were also working hard in the crowd collecting donations from spectators, which came to a grand total of £241.55.*

Carson, we are all very proud of you. Have a lovely weekend.

Andy Christoforou, Headteacher

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Please read on for essential updates.

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## Celebration of Spirit - Recognition



### Headteacher Commendations wc 29/01/24

The following students have been awarded with Headteacher's Commendations this week. They will receive 10 Spirit points and a special postcard home.

	Nominated for
Sophie George	Working hard on her Music Coursework
Matilda Saunders	Passing her piano exam with flying colours
Sonny Gilbert	Excellent effort and attainment in English lessons. Wonderful reading aloud ability and thoughtful contributions to class.
Riley Ruffel	Excellent recall of literature knowledge; you are clearly revising and it will pay off!
Emma Fort	Excellent annotations and notes for Macbeth - your hard work revising will pay off!
Chloe Moore	Excellent attempt at PETER paragraphs and sophisticated analysis.
Aidan Moynan	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Declan Dale	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
George Harris	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Tom Harris	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Harry Workman	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Jayden Metz	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Marlon Pietersz	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Oscar French	Played as part of the Year7/8 team. Won the Cricket East Indoor cricket tournament
Carson Moore	100+ Day streak on Duolingo
Pirayugen Pirabhakaran	Excellent presentation to parents & students about the gliding club
Harry Goudie	For working hard in his English lessons to challenge himself and become more confident in his writing.
Lily Donaldson	Outstanding book work, contributions in lessons, and overall progress in her English lessons.
Mia O'Riordan	You have made so much progress in Year 11 ~ congratulations and keep going!
Zara Svenson	For an outstanding attitude to learning and support / tuition of other students in Spanish lessons.

### Pearson National Teaching Awards 2024 - Nominations now open

Please use this link: <https://www.teachingawards.com/parents-page-the-unsung-hero-award/>



## Staff member of the week

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Mrs Smithson-Ingrey: Humility - For organising, planning, and running such excellent 7-9 Interacts for our Y11s on Macbeth. They are very lucky to have you and your genius brain!

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### **Tell us about something brilliant!**

If you would like to nominate someone for an Abbey College Spirit Award for any out of school success stories, then please follow this [link](#) or email the Office [office@abbey.college](mailto:office@abbey.college).

## Parent information

### **Preloved Uniform Shop**

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The next **Pre-Loved Uniform Shop** is open during the Year 8 Options Evening on **Thursday 15th February, 4:30 - 7:30pm**

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- *Cash only please*
  - *Donations welcome throughout the year. Please wash, bag and hand in to reception.*
  - *If you are able to volunteer some time to help run the shop. Please email [parentforum@abbeycollege.cambs.sch.uk](mailto:parentforum@abbeycollege.cambs.sch.uk)*
  - *The Preloved Uniform Shop can be contacted via this link:  
<https://www.facebook.com/login/?next=https%3A%2F%2Fwww.facebook.com%2Fgroups%2F4133239840069866>*
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### **Parent Forum**

The date of the next Parent Forum is **Wednesday 14th February @ 5pm**, where we will be hearing from the school on:

- *Homework Policy, expectations, and different methods to complete homework – Ms Powell*
- *Higher Prior Attaining Students – Ms Dowd*
- *Antibullying Update – Ms Noble*
- *Parent Partnership Award – Mrs Craig*
- *Fundraising and Finance Update*

If you would like to attend, please email: [parentforum@abbeycollege.cambs.sch.uk](mailto:parentforum@abbeycollege.cambs.sch.uk)

Find our minutes here: [Parent Forum - Abbey College, Secondary School and Sixth Form in Ramsey](#)

Charlotte Downing - Chair of Parent Forum

### **Parent and Community Governor Vacancies**

The Governing Body at Abbey College currently has a parent governor vacancy and is seeking self-nominations for an enthusiastic and committed parent or carer to join the board. Please see further information and vacancy letter here: <https://www.abbeycollege.cambs.sch.uk/about-us/governing-body>

There is also a vacancy for a community governor, if you know of anybody who may be interested, please do ask them to get in touch.

### **Parent Diary Dates 2023-24**

Wednesday 7 <sup>th</sup> February 2024	Lion King Theatre Trip
Thursday 8 <sup>th</sup> February 2024	Year 11 Music Dropdown day
Thursday 8 <sup>th</sup> February 2024	Year 11 Music Dropdown Day Year 9 Virtual Parents Evening
Friday 9 <sup>th</sup> February 2024	Year 11 Macbeth Production
Monday 12 <sup>th</sup> February 2024	Year 11 Spanish Film Workshop
Thursday 15 <sup>th</sup> February 2024	Year 8 Options Evening 4.30-7.30pm
Monday 19 <sup>th</sup> to Friday 23 <sup>rd</sup> February 2024	Half Term
Thursday 29 <sup>th</sup> February 2024	Year 12 Virtual Parents Evening 4.30-6pm
Wednesday 6 <sup>th</sup> March 2024	Year 7 BAE Systems Roadshow (careers)
Monday 11 <sup>th</sup> March 2024	Year 10 Music Dropdown Day
Tuesday 12 <sup>th</sup> March 2024	Sixth Form Poetry Day
Thursday 14 <sup>th</sup> March 2024	Y11 Music Dropdown Day Year 10 Virtual Parents Evening 4.30-7.30pm
Tuesday 26 <sup>th</sup> March 2024	Year 8 HPV Vaccinations
Thursday 28 <sup>th</sup> March 2024	Year 12 UCAS and Cultural Capital Trip and Year 13 Drama Trip Last Day of Spring Term
Monday 10 <sup>th</sup> to Friday 14 <sup>th</sup> June	Year 10 Work Experience

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#### **Dates for Careers events:**

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- *5th to 9th February is National Apprenticeship Week (NAW2024)*
  - *8th February - Year 8 & 10 will be having an employer come into school to give a presentation on Apprenticeships*
  - *15th February - Year 8 options evening; Ms pollard will be available for a chat with any parents/carers and students during the course of the evening.*
  - *28th February- Year 7 will be having a visit from BAE Systems (STEM Roadshow)*
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#### **Assessment calendar: How your child is doing?**

- **Year 10 Trial exam:** The whole of Year 10 is sitting a Citizenship trial under exam conditions at 9.10am on 14.02.24.

- **The Year 10 and 12 reports** will appear on Edulink before half term. The Year 12 Parent's Evening is immediately after half term. If you are not using Edulink regularly then please check that you can log in. If you are having technical issues. then contact [LBennett@abbey.college](mailto:LBennett@abbey.college).
- **Year 11 Teacher Set Targets** are given on Year 9, 10 and 11 reports. These are long term targets set by teachers. The data used to support the teachers in choosing them is triangulated and comes from three sources.
- Teachers have been reminded that all **homework** set on platforms such as EEdi, Tassoumi, Languagegenut etc must be added to Teams so that it is visible on Teams and Edulink.

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*Students Reports: These are filed under 'Documents' in Edulink.*

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## Student expectations and safety

### *Student welfare and wellbeing*

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#### *Mental Health Support*

*We have been sharing the tips below with students about how to help look after their mental health:*

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- *sleeping for the recommended amount*
    - *eating healthily*
    - *doing regular exercise*
    - *sharing worries with others*
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*There are lots of websites with advice for parents, this is one with some helpful tips:*  
<https://www.unicef.org/parenting/health/four-things-you-can-do-support-your-teens-mental-health>

*If you do have questions or need some support, please get in contact with our welfare team*  
[welfare@abbeycollege.cambs.sch.uk](mailto:welfare@abbeycollege.cambs.sch.uk)

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### **Student attendance - Week 19**

- **Congratulations:** To all the students who have gained a 'Golden Ticket' for 100% attendance in Term 1.

- **Reminder:** Young people who are working must apply for a work permit; please email [tina.davis@abbeycollege.cambs.sch.uk](mailto:tina.davis@abbeycollege.cambs.sch.uk) for more details.

## Student wider personal development

### Interacts - KS4 Subject Support Sessions

Day	Subject	Club	Time	Location
Monday	Drama and Music	GCSE Support/ Rehearsals	Afterschool	Frank Burton Building
	Art and 3D Design	GCSE/Coursework Support	Afterschool	T06
(Week B)	English	GCSE Enhancement	After School	GB06/GB07
Tuesday	Spanish	GCSE Support	Afterschool	S15
	Maths	Grade 7+ (By invitation)	After School	M06
	Maths	GCSE Higher	After School	M08
	Maths	GCSE Foundation	After School	T09/M06
	Health and Social Care	Coursework Support	After School	IT04
(Week A)	English	GCSE Enhancement	After School	GB06/GB07
Wednesday	Art and 3D Design	GCSE/Coursework Support	Afterschool	T06
	Chemistry	GCSE Support	Afterschool	Science
	Physics	GCSE Support	After School	Science
	History - Targeted	GCSE - Topics to improve	After school	Study 6
	ICT	Unit 2 Support	After School	ME01
	Engineering	Coursework/Practical Support	Lunchtime	T12
	MO	GCSE Support	After School	GH2
Friday	Psychology	GCSE Support	Lunchtime	GH11

### OOPs

Please check out all out OOP offers for the Spring term on Edulink and look out for a few more being added next half term!


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*As part of the Performance Learning survey actions there will be a Year 11 Rest and Relaxation OOP starting on Friday 16.02.24 with Lisa Gregory from the Welfare Team. Year 11 students can book in on Edulink.*


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## WHAT'S R&R?


SIGN UP VIA EDULINK




PROVIDES A SAFE SPACE TO DISCUSS WORRIES




PROVIDES ADVICE AROUND MANAGING WELLBEING DURING EXAMS



PROVIDES ADVICE AROUND REVISION TECHNIQUES



PROVIDES ADVICE AROUND TIME MANAGEMENT.



SNACKS PROVIDED!

## Student curriculum

### Abbey College Curriculum Aims



Inclusive	The curriculum provides a clear programme of understanding to a range of diverse cultures and religions.
Challenging	To have a challenging and aspirational curriculum that provides opportunities to ensure no learner is left behind.
Cultural Capital	All learners will receive a wide and fulfilling educational experience.

### *How can I find out what my child is learning in each subject?*

#### **Exam information**

Check out our Exam Information page to find out which exam boards we use for each subject within our curriculum. <https://www.abbeycollege.cambs.sch.uk/students/exam-information>

## Communicating with us and how to raise concerns

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*[Click here](#) to access this Communication Flowchart on our website.*

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Other news updates can be found here:

- Our news page: <https://www.abbeycollege.cambs.sch.uk/news/letters-to-parents>
- Facebook: <https://www.facebook.com/pg/RamseyAbbeyCollege/posts/>
- Twitter: <https://twitter.com/AbbeyCollegeAC>
- Instagram: [https://www.instagram.com/abbeycollege\\_ramsey/](https://www.instagram.com/abbeycollege_ramsey/)