

Direct Links for Be Awesome Go Big Session Videos

Session	Video	Direct Link
Session 1 Being Awesome	Matthew Syed – Be Awesome Go Big	click here
	Gemma Oaten – Dealing with Change	click here
Session 2 Unlocking your Mind	Matthew Syed – YET	click here
	Gemma Oaten – Unlocking your Mind	click here
Session 3 Dare to Take Risks	Matthew Syed – Failure can be your friend	click here
	Gemma Oaten – Taking Risks	click here
Session 4 Making the Change	Matthew Burton – Session 4	click here
	Gemma Oaten – Who am I?	click here
Session 5 Lost but not Lost	Matthew Burton – Session 5	click here
	Gemma Oaten – Feeling Emotionally Lost	click here
Session 6 ‘Bouncebackability’	Matthew Burton – Bounce Back Ability	click here
	Gemma Oaten – Bouncing Back and Being Resilient	click here
Session 7 What is normal anyway?	Matthew Burton – Embrace your Weird	click here
	Gemma Oaten – Normal Doesn’t Exist	click here
Session 8 Friendships and Fallouts	Matthew Burton – Friendships and Fallouts	click here
	Gemma Oaten – Friendships	click here
Session 9 Living Well	Matthew Burton – Final Session	click here
	Gemma Oaten – Living Well	click here