



ABBHEY
COLLEGE

SIXTH

SUPPORT

THE MAGAZINE COMMITTEE

Friday 27th March 2020

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INTRODUCTION

Students of Abbey College Sixth Form have decided that we want to help out the younger years at our school and support your at-home learning by giving you some top tips on how to get through these challenging times. Year 12s considered “experts” in their subjects have been asked to provide you with some advice on ways to do your work on the internet and ways to stay in touch with the most important aspects of your subjects.

In this magazine, you will also find pointers on how to get answers to some of your questions about the coronavirus or about making

the most of your free time.

If you have any requests on things that you would like to see in a later edition over the next few weeks or would like to tell us what you have been up to please let us know by emailing jasivan.sivakumar@abbeycollege.cambs.sch.uk and we will be sure to include it.

It is our hope that you are all staying safe and that, although the internet can be very resourceful, you should keep in mind everything you know about cyber safety. Ensure that you stay indoors as much as possible for the duration of this outbreak and only leave the

POLITICS

AND THE NEWS

BY JESSICA MILLICAN

COVID 19 has a huge impact on politics, a subject which I'm currently studying at A-Level. I don't claim to be an expert but here's my advice and thoughts about Corona's impact on politics and why I think it's important for everyone to inform themselves. To say we are living in unprecedented and trying times is an understatement. For us, our lives seem to be slowing as we're stuck at home binging Netflix and ticking off our Show My Homework tasks. Our politicians, however, are hard at work trying to keep us safe. Every day the politicians meet to discuss implementing emergency laws to try and protect those most vulnerable in society whilst also ensuring people have enough money despite not working. In this climate new information is being revealed regularly as laws are rapidly introduced and updated; because of this everyone should be taking the responsibility of educating themselves and following through with the government's advice. This can be

overwhelming as there are many discreditable sources online which can be misleading. Personally, I use the BBC news app, but online the best places to go to are:

Government website:

<https://www.gov.uk/coronavirus>

Public health England:

<https://www.gov.uk/government/organisations/public-health-england>

The World health organisation:

https://www.who.int/health-topics/coronavirus#tab=tab_1

The NHS:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you're unsure about something fact check and see if other sources are saying the same thing. I also advise you to research in moderation this is a stressful situation and sometimes we feel as though knowledge about a situation will help calm our anxieties but don't obsess over something that no one has any control over and no answers for.

PUZZLE PAGE

C	M	A	S	O	N	R	G	C	O	R	I	N	F	D	A
R	O	R	G	U	F	B	P	A	N	I	C	J	K	O	V
N	B	R	B	E	H	I	A	H	H	H	S	N	G	N	Y
V	B	N	O	F	S	Y	N	F	I	F	T	Y	H	J	E
S	W	V	R	N	T	I	D	O	N	E	T	S	R	E	O
E	P	N	I	V	A	E	E	L	O	P	E	T	T	Y	L
R	A	O	S	N	Y	V	M	O	S	A	U	A	S	R	I
E	X	P	O	N	I	E	I	U	M	O	N	Y	O	M	V
I	C	R	O	K	N	S	C	R	O	P	I	I	C	U	L
T	R	A	V	O	Y	L	C	A	U	N	O	N	C	O	R
N	O	S	I	S	O	S	I	L	I	S	C	S	A	T	U
Q	U	A	R	A	N	T	I	N	E	S	D	I	A	Y	W
E	D	N	E	S	D	A	Y	C	O	L	O	D	M	B	I
A	E	I	S	T	E	I	N	D	I	D	N	E	O	T	U
I	L	L	H	I	G	S	E	L	F	J	A	B	R	A	H
A	N	M	L	A	I	R	E	T	C	A	B	I	T	N	A

WORDSEARCH

Can you find the following words:

- ◇ Coronavirus
- ◇ NHS
- ◇ Boris
- ◇ Quarantine
- ◇ Spooky
- ◇ Pandemic
- ◇ Antibacterial
- ◇ Panic
- ◇ Stay Inside



ARITHMETIC CHALLENGE:

7	SQUARE IT	+10	-3	DIVIDE BY 7	-1	SQUARE IT	+2	DIVIDE BY 3	MULTIPLY BY 8	?
47	DOUBLE IT	-2	HALF OF THIS	MULTIPLY BY 3	-6	DIVIDE BY 2	+6	DIVIDE BY 9	DIVIDE BY 2	?
192	MULTIPLY BY 4	-276	7/12 OF THIS	DIVIDE BY 41	+6	CUBE IT	DOUBLE IT	DIVIDE BY 26	SQUARE ROOT	?

COUNTDOWN

Can you use the 6 numbers below to make: **438**?

You do not have to use all the numbers but you can only use each one once.

25

100

3

8

7

6

BRAIN TEASERS

1. What three letters come next in the sequence: J,F,M,A,M?
2. Give me food and I will live, give me water and I will die. What am I?
3. What can you hold without ever touching or using your hands?

ENGLISH LITERATURE

BY PAIGE SMITH

With so much going on around the world, it can be difficult to have the motivation to continue with school work, especially if you are worried about other things. However, it is really important to continue with your subjects, so that in the future you won't be negatively affected by our current situation. One subject that can be difficult to study is English Literature but it is one that is extremely important for your future. Whilst your teachers will be setting you work for English Literature, it's still a good idea to continue with revision and extra work, especially if you are studying your GCSE texts.

One key tip to do well in GCSE English Literature, is to read your novels, plays and poems multiple times. I know that it can sometimes be difficult to do this as it can be time consuming and may be difficult if you do not enjoy or understand them. However, re-reading them will definitely be beneficial as it will increase your understanding and perhaps as a result: your interest in them. When I did my GCSEs, I struggled to concentrate when I was re-reading one of the novels that I studied, as it wasn't the style of novel I usually enjoy. Despite this, I managed to re-read it in my own time by reading it whilst listening to it as an audio version, which I found for free on YouTube. Which I would definitely recommend if you are struggling to read the texts on your own.

Another really important thing that you can be doing is that whilst you re-read any texts, you can annotate and make notes as you go along so you don't find it too overwhelming or time consuming to make all of your notes at the same time, when any exams get closer. When I did this, I made mind maps for any themes, characters or other aspects of the texts and I made sure to use lots of colour! I also used revision cards and post-its to memorise key quotations, which I used to test myself to revise for the exams. If you are feeling really motivated, you could even try answering or even just planning some exam questions, to help develop your exam technique.

Throughout this time of uncertainty, it is really important just to keep learning and revising so when the time comes that we go back to school, you will be ready and stress-free. Anything that you do now, is something that you won't need to do when school starts again, so it's a really good idea to stay motivated and try your best now while you have the time.

DRAMA

BY AMBER MANN

It might seem like there isn't much work you can do for drama as it is a very practical subject. However, there are plenty of resources available to you to make sure that you keep improving and developing your skills. There are always new shows coming out that I can find for you and it might give you something to do over the weeks or months.

Some ideas to pass the time...

- Practice some monologues and film yourself performing them. Watch it over and consider how you might improve. Attached are some links for free monologues.
<https://www.dramanotebook.com/monologues-teenagers/>
<https://monologueblogger.com/monologues/>
- You could watch some live streamed theatre and write an evaluation of an actor's performance.

Girls Like That (13+)

<https://www.youtube.com/watch?v=Cx2KDNusk9E>



The Wind in the Willows (West End)

<https://www.willowsmusical.com/>

- To work on set design, use a shoe box to create a set for your script. It should show the time period, the style/genre of the play, themes, symbols, and props. Be creative with it!
- Look at the different types of staging and stage positioning.
- If you are a GCSE student, re-read Blood Brothers and annotate the script with relevant context, themes and acting techniques.
- Try making character profiles for the main characters including costumes, voice, body language and how you might act specific lines.
- Revise some practitioners that you might want to use for your devising or scripted pieces. For example, Brecht, Stanislavski or Grotowski.

COMPUTING

BY JORDAN BEALE

Useful websites for learning how to code:

<https://repl.it/> - It has all the modern and used coding languages and provides a very extensive IDE for you to code in all the languages provided. Use it to learn, test and create code as well as easily organise and save projects in one place.

<https://www.codecademy.com/> - This provides endless interactive courses on anything computing. Use it to learn whatever you want and it's all free! <https://scratch.mit.edu/> - This might be a bit simple for some but it is still great for learning the very basics and the concepts for coding. Create simple games or small programs and just have some fun with it.

Useful Programs for coding:

<https://www.yoyogames.com/gamemaker> - This software is easy to use and could be described as a bigger and better scratch, however it has a lot more room for creativity and is used primarily for creating games on the engine they provide.

<https://www.python.org/> - This is such a great beginner language, if you want to learn how to code and feel like you've grasped the basics, use this software in combination with codecademy's courses to really grow your knowledge.

Useful editors/IDE's:

<https://visualstudio.microsoft.com/> - Visual Studios is a personal favourite and just allows for easy to use functions such as organising functions into drop downs and very customisable at every level. Use it in combination with python or C++ e.t.c. and it will help keep everything clean and easy to use for large projects. It also allows for almost every language meaning for complicated, multi-language projects it is extremely useful.

<https://notepad-plus-plus.org/> - Notepad++ is similar to visual studios, just a lot simpler if you don't need all the fancy features

BORNEO FUNDRAISING

BY LOUIE DE SILVA

I went to Borneo in the summer of 2019, six weeks after finishing my GCSE exams. To get there I had to fundraise first. To do this I used a variety of methods to fundraise. As you have 18 months to do this, there is plenty of time.

Firstly, I put all my birthday and Christmas money towards Borneo. This is a slight copout because I didn't work for it, and it may seem discouraging to give up all of that money, but at the end of the day it is totally worth it due to the vast experiences and knowledge you get from the trip.

A second method is a Go Fund Me Page. I admittedly didn't do one of these, but from what I heard from people who did, it is a great way to get money quickly. As the page is open to the whole nation, it allows people you wouldn't normally meet help you fundraise. There are so many people who are passionate about volunteering expeditions like this and would love to help you out. My one advice for this is to come across really passionate about this trip because so many people will be doing similar expeditions, and to get the most amount of money you need to stand out of the crowd. During the current pandemic, this is probably one of the only methods you can do right now. You can also use the site to get sponsored for fun runs or marathons etc. These always raise a fair amount of money, and if it's possible for you to do something like a sponsored canoe ride then that would be a great way to help you stand out of the crowd.

Another idea is car boot sales. I did 2-3 car boot sales and got roughly £100 from each one. To get enough items to do multiple car boot sales, my mum contacted everyone in her contacts to ask for old junk and clothes and items they no longer wanted. This meant our house was drowning in bin bags and boxes full of a variety of items, but if you do a car boot sale each week, then it all goes pretty fast, and you just keep going until you've got no more items to sell. When I did these, we found that the best items that sell are clothes and baby toys. That's not to say that nothing else sold, but those were the ones that went the quickest. All of the items that we continuously bought with us but never sold, we took to a charity shop so we weren't left with anything at all.

These are just some easy methods to fundraise, and there are some really inventive ideas out there. On the trip, we were told of someone who emailed a load of famous chefs/cooks for recipes, made a book of the recipes they received and sold it for thousands of pounds. Some other ideas include car washing; gardening; patio and decking cleanings. Although they are probably best for nicer weather, they're a great way to make money whilst helping out the community.

I hope these were helpful and good luck to anyone currently fundraising, and enjoy the trip!

SPIRIT LEADERS

It is also really important that you feel supported at the moment. Therefore, you should always be reminded of those that are just an email away whether that be your form tutor, the welfare team (Mrs Peattie and Mrs Gregory), or your year groups' Sixth Form Spirit Leaders.



YEAR 7

Keiralyn McAvoy

Tegan Turner



YEAR 8

Zoë Jenkin

Amber Mann



YEAR 9

Mithu Praba

Lorna Wolski



YEAR 10

Emma Hawthorne

Emily Neville



YEAR 11

Olivia Mead

Ava Brand