

Getting extra support

"I'm unhappy with
the help I'm getting
from school.
What can I do?"



- If you are unhappy with the help and support the school is giving you, you can **talk to a family member** for advice, or **contact your local information, advice and support service** ([SENDIASS](#)).
- You can also **speak to your teacher** or the **special educational needs coordinator** (SENCO) – they can tell you if your school is able to give you the help you need.
- If you are still unhappy, have a look at your **school's website** and follow the school's complaints process explained there.
- You can also ask your teacher or SENCO to help you **contact your local authority** (LA) to get more advice.

Remember: never be afraid to say something if you aren't getting the support you need – there will always be someone who can help you.